



CHANGE THROUGH UNITY

EMPOWER. PROTECT. PREVENT.

Embracing our collective strength to inspire trust and courage so the Army community can thrive.

Building a Positive, Healthy Command Climate and Culture starts with you:

We all benefit from a healthy work environment in which everyone's rights and abilities are respected and sexual violence and harassment are not tolerated. As research bears out, this type of climate decreases sexual harassment rates, reduces retaliation against those who confront and report harassment and results in better psychological health and workplace experiences for all. In exhibiting respectful, professional behaviors and intervening when witnessing or hearing about harmful conduct, Army community members bring honor to the service by demonstrating their commitment to human values and to helping one another accomplish their critical missions.

A healthy workplace encompasses:

- Leaders with established core values who set the example for honorable service.
- An inclusive environment where all team members can voice their perspective and opinions.
- Supportive and engaged team members who promote open, honest and transparent communication.
- Safe spaces where individuals at all levels can be honest about their feelings.
- Committed team members who demonstrate enthusiasm for, and dedication to, their job.
- A shared bond, camaraderie and collective pride among teammates.

The power of connectedness:

Research has indicated that healthy professional relationships may prevent sexual assaults by reducing inappropriate workplace behavior. Positive, supportive relationships and connectedness foster unit trust and security, which are essential to eliminating harmful conduct among troops. To collectively build a cohesive and healthy environment, Soldiers at all levels must:

- Consider the needs of their battle buddies, the challenges they may face and their goals.
- Practice unit core values through individual actions, to shape and normalize a positive culture.
- Participate in educational and training opportunities that champion healthy behaviors.

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DIRECTORATE OF PREVENTION,
RESILIENCE AND READINESS



SHARP
SEXUAL HARASSMENT/ASSAULT
RESPONSE AND PREVENTION



SAAPM
Sexual Assault Awareness and Prevention Month

Contact the DOD Safe Helpline: 877-995-5247
www.armyresilience.army.mil