



ELIMINATING SEXUAL ASSAULT AND SEXUAL HARASSMENT BY WORKING TOGETHER TO BUILD A RESPECTFUL CULTURE FOR ALL

To continue to build a respectful culture for all members of the Army team, we must unite to strengthen connectedness among the ranks and to eliminate sexual assault and sexual harassment. When team members have a strong bond with one another, they interact in ways that demonstrate mutual respect, they honor boundaries, and they live by the seven core Army values.

Eliminating behaviors of sexual assault and sexual harassment will require everyone to:

- Honor boundaries that others set.
- Be aware of, and practice, healthy relationship behaviors.
- Work together as a unit to solve conflicts and increase connectedness.
- Challenge norms that suggest that disrespecting or discriminating against women, minorities or LGBTQ individuals is OK.
- Encourage friends to take care of their mental health.
- Understand how your actions and words affect others.
- Keep resources and important phone numbers close by in case someone needs support.

Remember, anyone can be the target of sexual harassment and assault, regardless of gender, age, race, ethnicity or employment status. If you or a team member is experiencing sexual assault or sexual harassment, the following resources, including reporting assistance and training materials, are available to help:

- **Sexual Harassment/Assault Response and Prevention Program**
 - Contact your installation’s SHARP office for more information.
- **Contact the DOD Safe Helpline:** Telephone: 877-995-5247



Contact the DOD Safe Helpline: 877-995-5247

www.armyresilience.army.mil