

FORT BELVOIR

**DEFEAT
COVID-19**

5K RUN

**A
VIRTUAL
EVENT!**

**Cost
\$15**

JULY 24, 6 a.m. - AUG. 14, 5 p.m.

Webtrac Registration only

**[https://webtrac.mwr.army.mil/webtrac103/
wbwsc/belvoirrectrac.wsc/wb0330.html](https://webtrac.mwr.army.mil/webtrac103/wbwsc/belvoirrectrac.wsc/wb0330.html)**

This **VIRTUAL 5K can be performed
on any route of your choice.**

Maximum registration: 300 runners

**Post your time on our Facebook page
using #defeatCOVIDrun**

SHIRT SIZES: SMALL - 2X (QUANTITIES LIMITED)

SHIRTS WILL BE MAILED OUT AUG. 24-27.

FOR ADDITIONAL INFORMATION, CONTACT

(703) 806-4430 OR VISIT THE MWR FACEBOOK PAGE.

**SPORTS
& fitness**

KAWAMURA
HUMAN PERFORMANCE CENTER
9250 GUNSTON ROAD



BELVOIR MWR

BELVOIR.ARMYMWR.COM

