



EVENTS

DECEMBER 2021

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Operation Sugarplum: Spend Plan Development 1 - 2 p.m. (Virtual)	2 Federal Resume Writing 9 a.m. - 12 p.m. (Virtual) Relaxation and Stress Relief Workshop 10 - 11:30 a.m. (Virtual) Build Your Legacy Real Estate Overview* 1 - 2 p.m. (Virtual) Operation Sugarplum: Spend Plan Development 1 - 2 p.m. (Virtual)	3
6	7 Resume and Employee Assistance 10 a.m. - 12 p.m. Teen Talk Tuesdays 5 - 6 p.m. @ Youth Center	8 Meet and Greet 10 - 11 a.m. Operation Sugarplum: Budgeting for the Holidays 1 - 2 p.m. (Virtual) Holiday Ornament Decorating 6 - 8 p.m.	9 Operation Sugarplum: Budgeting for the Holidays 3 - 4 p.m. (Virtual) Rules of Engagement Pt. 1 6 - 7 p.m.	10
13	14	15	16 Federal Resume Workshop 10 a.m. - 1p.m. Build Your Legacy Real Estate Overview* 1 - 2 p.m (Virtual) Rules of Engagement Pt. 2 6 - 7 p.m.	17
20	21	22	23	24 ACS CLOSED
27	28	29	30	31 ACS OPEN 8 a.m. - 12 p.m.

Unless noted, all classes are held at Army Community Service, Bldg. 1263.
Pre-registration is required.

ACS CLASS DESCRIPTIONS

Employment Readiness Program

Federal Resume Workshop

Topics discussed in this workshop presented by G3 Global Career Coach Gary Gaston will be: Federal employment orientation, federal resume, USAJOBS, Veterans preference and special hiring authorities.

Family Advocacy Program

Relaxation and Stress Relief Workshop

This class begins with an introduction to stress and the impact of poorly managed stress on one's personal and work life. The course will identify various types of coping strategies that can assist participants with reducing the amount of stress in their daily lives. Participants will develop their personal plan for relaxation and stress relief.

Teen Talk Tuesdays

This monthly group will meet to discuss current events, concerns, celebrations, and all important life matters to our military-connected teens. Teens will receive a journal notebook to express their thoughts during and in-between group sessions.

Holiday Ornament Decorating

This family-friendly event is a great chance to show off your creative skills. Ornaments make for great decorations and gifts. There will be opportunities to learn more about the many services ACS programs provide to our community. Registration is 100% required at (571) 231-7007.

Rules of Engagement

Do you want to improve communication with your significant other? Do you want more understanding, support and intimacy without the arguing, miscommunication, and talking past each other? In this workshop, you'll learn to resolve conflict constructively, and establish new talking and listening habits that can make your relationship fun and passionate again. An intimate dinner will be provided and limited childcare is available. Couples are encouraged to register early.

Exceptional Family Member Program

Meet and Greet

Get to know your System Navigators and available resources.

Financial Readiness Program

Operation Sugarplum: Spend Plan Development

Concepts and objectives for this class include: Plan for systematic saving, calculate debt to income ratio, calculate specific need for cash on hand in proportion to basic needs and calculate 80/20 spend/save application using current LES statement to build a realistic budget that is specific and measurable.

Operation Sugarplum: Budgeting for the Holidays

Concepts and objectives for this class include: Plan holiday expenses, learn to avoid overspending and excessive debt, and create a holiday budget.

*Soldier and Family Assistance Program

Unless specified, these classes serve Warrior Transition Battallion personnel only.

Build Your Legacy Real Estate Overview

This class covers the benefits of a career in Real Estate, the profile of a Real Estate Agent, liscensing and much more.

Alternate class locations:

Youth Center: 5850 Langfitt Loop., Bldg. 1003.



(571) 231-7001



5965 6th Street Bldg. 1263, Fort Belvoir, VA 22060



FortBelvoirACS



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