## **GRAVES FITNESS CENTER OPERATIONS EFFECTIVE 02 MAR 22**

## **HOURS OF OPERATION** (CLOSED SAT, SUN & HOLIDAYS)

**MON-FRI** 0500 - 1900

- Open to all eligible user groups: Active Duty Military, AD Family Members, **DoD Civilians and Retirees, and their Family Members.** 
  - Patrons 16 17 are permitted to utilize all weight training areas and cardiovascular equipment at Graves Fitness Center unsupervised during normal operating hours.
  - Youth 13 15 may ONLY utilize cardio exercise equipment and weight equipment at Graves Fitness Center.
  - They MUST be actively supervised by a parent or legal guardian at all times while in the facility. Youth 12 and under are not allowed in the facility.

RETIREES

- No guests permitted at this time.
- Strollers/baby carriers are not allowed in the facility.
- Patrons and employees must wipe down equipment after use.
- Gym bags are only allowed in the locker rooms.
- Fitness classes and all sports activities are cancelled until further notice. AMILIES.

Graves Fitness Center (703) 806-5368 belvoir.armymwr.com