

FEBRUARY-MARCH 2017 FAP CLASSES



Cloth Diapering

9 February
10 - 11:30 a.m.

New Sibling Transition

28 February
10 - 11:30 a.m.

Dads 101

2 March
9 - 11 a.m.

Effective Coping Strategies

20 March
1 - 3 p.m.

Active Parenting

8, 15, 22, February
1 March 2017
6 - 8 p.m.

****Classes are subject to cancellation due to low enrollment. Classes will be held at Army Community Service, 9800 Belvoir Rd., Bldg. 200, Fort Belvoir VA 22060 OR Soldier Family Assistance Center, 5965 6th Street Bldg. 1263, Fort Belvoir, VA 22060. To register, please call 703.805.2693/2697/2631 or FBFamilyAdvocacy@gmail.com. ****



APRIL-JUNE 2017 FAP CLASSES



P3 Parenting

5, 12, 19, 26 April
11 a.m. to 1:30 p.m. (ACS)
6 to 8 p.m. (SFAC)

Infant Massage

6 April
9 to 11 a.m.

Baby Bundles

4 May
9 a.m. to 1 p.m.

Relaxation & Stress Relief

16 May
2 to 3:30 p.m.

Baby Wraps

18 May
10 to 11:30 a.m.

TransParenting

25 May
12 to 4 p.m.

Dads 101

1 June
9 to 11 a.m.

Effective Coping Strategies

30 June
1 to 3 p.m.

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JULY-SEPTEMBER 2017 FAP CLASSES



Infant Massage

6 July
9 - 11 a.m.

Baby Bundles

3 August
9 a.m. - 1 p.m.

Cloth Diapering

16 August
10 a.m. - 1 p.m.

Relaxation & Stress Relief

9 August
11:30 a.m. - 1 p.m.

TransParenting

24 August
12 - 4 p.m.

Dads 101

7 September
9 - 11 a.m.

Parenting with Love & Logic

18, 19, 20 September
9 - 11 a.m.

New Sibling Transition

28 September
6 - 7:30 p.m.

P3 Parenting

27 September
4 & 11 October
11 a.m. - 1:30 p.m. (ACS)
6 - 8 p.m. (SFAC)

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