

September 29–October 2



Food • Drinks • Live Entertainment • Carnival • Vendors • Dancing in the Fest Tent

Fest Hours*

Thursday 6–10 pm Friday 6 pm–12 midnight Saturday 12 noon–12 midnight Sunday 12 noon–8 pm *Fest hours are subject to change.



VOLKSNARCH

Special Programs: Walking The United States, Water Towers, Honoring Our Flag, Amphitheaters, National Register of Historic Places, and Trekking with Trees

This event's planned route takes you along sidewalks and post roads on Fort Belvoir's North and South Post. The route is largely flat with some hills. The slopes on the hills are not steep. The route is rated 2B due to the moderate hills, suitable for strollers



effect on the route rating. *Please do not bring backpacks, large bags or ice chests/coolers. All bags are subject to search.

but not wheelchairs. Weather conditions should have little

Please mail checks* and pre-registration forms to:

100% ID check.

Kristin Mayer

5820 21st Street, STE. 203 Fort Belvoir, VA 22060

*Make all checks payable to IMWRF. Include SSN, address and phone number.

2016 Volksmarch Pre-registration Form

Name	Award & IVV Credit \$6	No Award or IVV Credit FREE	
Total Cost			
Address	Zip Code		
City/State	Evening Phone		



IOK/5K Walks October 1-2, 2016

Fort Belvoir, VA AT/16/104272



SANCTIONED EVENT Eligible for credit toward IVV Achievement Awards



Information

Sanctioned by:

The American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV). Participants in this event may receive credit towards IVV awards.

Eligibility:

This Volksmarch welcomes families, couples and individuals and is open to the public. All participants must read and sign the *waiver* before beginning the event. The signature of a parent or guardian is required for participants under age 18. Children 12 years and under must be accompanied by an adult.

Dates:

Saturday & Sunday, October 1 & October 2

Start/Finish:

Adjacent to the Fest grounds, Fremont Field, off US Route 1 (Richmond Highway).

Time:

Start Time: Saturday or Sunday, anytime between 10 am-2 pm. Participants must complete the event by 5 p.m.

Distance:

One 10k route. A 5k route will also be available.

IVV Books:

IVV Event and Distance Books will be sold at the Start/Finish area. Those who have participated in previous sanctioned events are reminded to bring their IVV Books for credit.

Procedure:

Check- in at the Start Table and sign a **waiver** (participants under 18 require the signature of a parent or guardian). Registrants will be issued start cards to present for stamping at control points along the route. After completing the Volksmarch, the start card with appropriate stamps will be submitted at the finish table for completion of event and distance stamping IVV Books.

Fee*:

IVV Credit only	\$3.00
IVV Credit and award	\$7.00
Pre-registration** IVV Credit and award	\$6.00

*Participation is FREE if IVV Credit and award are not required. **Pre-registration deadline is Saturday, September 17. Please fill out form on back and send in.

Award:

The award for this event is a Volksmarch Pilsner Glass. Please note, there are only 75 glasses available–first come, first served. There will be no re-ordering.

Disclaimer:

The American Volkssport Association or its subsidiary clubs are not responsible for theft or loss of personal belongings or property. All participants must sign a waiver.

Refreshments:

Water will be available at the START/FINISH area and the check point. You may purchase food and drink at the fest grounds.

GPS Coordinates:

38 degrees 41' 43" N Latitude 077 degrees 09' 43" W Longitude

For additional information, please contact:

Kristin Mayer Phone: 703.805.2394 E-mail: kristin.b.mayer.naf@mail.mil

> Bob McLean Phone: 703.455.1878 E-mail: Rmcmamc@aol.com

www.belvoir.armymwr.com

For additional Volksmarching information, please visit: www.ava.org

Event Conditions:

The event will take place regardless of most weather. **There will be no refunds.** All pets must be on a leash on the route; **pets not allowed in fest area**. Participants must remove their pet's waste deposited along the route. Smoking is prohibited. The route can accommodate strollers and wagons; however, they may require portaging over road curbs. Route is unsuitable for wheelchairs. Dress in appropriate attire, wear sturdy footwear and bring extra water. Porta jons are at start, finish, and checkpoints; facilities with restrooms are along the route.

Directions:

From **I-95 North** take **Exit 166A** (Newington/Fort Belvoir). Turn right onto Backlick Road/Fairfax County Parkway. Turn left on **Route 1** (Richmond Highway). Turn right on Pohick Road (1st traffic light) and enter Fort Belvoir through Tulley Gate. Follow Oktoberfest road signs to your destination. From **I-95 South** take the **Exit 166A** (Newington/ Fort Belvoir). Merge onto Backlick Road/Fairfax County Parkway. From here, follow the directions for **I-95 N**.

Parking:

Parking is across Goethals Road from the Fest grounds. Please follow directional signs.

