

SPECKER HUMAN PERFORMANCE CENTER

OPERATIONS EFFECTIVE 01 DEC 21

HOURS OF OPERATION (CLOSED HOLIDAYS)

MON-FRI
0500 - 1900

SAT, SUN
0700 - 1300

Specker Human Performance Center has restrictions in an effort to reduce risks associated with COVID-19. Patrons and employees must adhere to the following policies and procedures:

- Open to all eligible user groups: Active Duty Military, AD Family Members, DoD Civilians and Retirees, and their Family Members.
 - Youth 13 - 15 MUST be actively supervised by a parent or legal guardian at all times while in the facility.
 - Youth 12 and under are not allowed in the facility.
- If capacity of 178 is reached with AD or First Responders waiting, one Retiree/DoD Civilian will be asked to leave the facility for each AD or First Responder waiting in order to maintain max capacity of 178 patrons.
- Patrons must sign in with Name, Phone and Email so staff can inform patrons of any potential exposure to COVID-19.
- 178 patrons is the **MAXIMUM CAPACITY** for Specker Human Performance Center.
- Locker rooms are open.
- **Masks/face coverings are required:**
 - While exercising on cardio equipment and weight training.
 - In free weight areas.
 - While walking in and out of facility.
- **Must maintain 6-foot social distance.**
- Patrons are asked to line up outside front doors and wait for staff for entrance.
- Patrons and employees must wash hands frequently and **wipe down equipment after use.**
- Gym bags are not allowed on main floor of SHPC; Locker rooms are accessible, as well as main floor cubbies for personal items.
- **Water fountains are open.**
- **BE ADVISED:** Specker Human Performance Center reserves the right to deny the use of the facility to any patron not following the guidelines set forth to maintain health and safety measures for patrons and equipment.