SANCTIONED BY:
The American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV). Participants in this event may receive credit towards IVV awards.

ELIGIBILITY:
This Volksmarch welcomes families, couples and individuals, and is open to the public. All participants must read and sign the waiver before beginning the event. The signature of a parent or guardian is required for participants under age 18. Children 12 years and under must be accompanied by an adult.

START/FINISH:
Adjacent to the Fest grounds, Fremont Field, off US Route 1 (Richmond Highway).

START TIME:
Sat. or Sun., anytime between 10 a.m. - 2 p.m. Participants must complete the event by 5 p.m.

DISTANCE:
One 10K route. A 5K route will also be available.

IVV BOOKS:
IVV Event and Distance Books will be sold at the Start/Finish area and the check point. You may purchase food and drink at the fest grounds.

GPS COORDINATES:
38 degrees 41’ 43” N Latitude 077 degrees 09’ 43” W Longitude

EVENT CONDITIONS:
The event will take place regardless of most weather. There will be no refunds. All pets must be on a leash on the route; pets are not allowed in fest area. Participants must remove their pet’s waste deposited along the route. Smoking is prohibited. The route can accommodate strollers and wagons; however, they may require portaging over road curbs. Route is unsuitable for wheelchairs. Dress in appropriate attire, wear sturdy footwear and bring extra water. Porta jons are at start, finish, and checkpoints; facilities with restrooms are along the route.

PROCEDURE:
Check in at the Start Table and sign a waiver. Registrants will be issued start cards to present for stamping at control points along the route. After completing the Volksmarch, the start card with appropriate stamps will be submitted at the finish table for completion of event and distance stamping IVV Books.

FEE*:
IVV Credit only $3
*Participation is FREE if IVV Credit is not required.

PARKING:
Parking is across Goethals Road from the Fest grounds. Please follow directional signs.

REFRESHMENTS:
Water will be available at the START/FINISH area and the check point. You may purchase food and drink at the fest grounds.

For more information, please visit www.ava.org
AVA: America’s Walking Club
SANCTIONED EVENT
Eligible for credit toward IVV Achievement Awards
AT/18/110478

SEPTEMBER 29 & 30
Hwan Yu (703) 806-3100
hwan.s.yu1.naf@mail.mil
Bob McLean (703) 312-5419
Rmcmamc@aol.com

FOOD • DRINKS • DANCING • LIVE ENTERTAINMENT • CARNIVAL • VENDORS

*Fest hours are subject to change.

*Please do not bring backpacks, large bags or ice chests/coolers. All bags are subject to search. 100% ID check.