

# BODY SHOP

## OPERATIONS UPDATE 04 AUG 21

Patrons will now be authorized to work out during the following sessions.  
Patron must leave the facility at the end of the session and re-sign in.

### HOURS OF OPERATION (CLOSED ON HOLIDAYS)

MON-FRI

0500-0900 0930-1430 1500-1900

CLOSED FOR CLEANING

MON-FRI

0900-0930 1430-1500

SAT-SUN

The Body Shop has new restrictions in an effort to reduce risks associated with COVID-19. Patrons and employees must adhere to the following policies and procedures:

- Open to all eligible user groups all sessions: Active Duty military, AD Family members, DOD Civilians and Retirees, and their family members.
- If capacity of 40 is reached during a session with AD or First Responders waiting, one Retiree/DOD Civilian will be asked to leave the facility for each AD or First Responder waiting in order to maintain max capacity of 40 patrons per session.
- Patrons must sign in with Name, Phone and Email so staff can inform patrons of any potential exposure to COVID-19.
- 40 patrons is the MAXIMUM CAPACITY for the Body Shop.
- Locker room is open.
- Masks/face coverings are required:
  - While exercising on cardio equipment and weight training.
  - In free weight areas.
  - While walking in and out of facility.
- Must maintain 6-foot social distance.
- Patrons are asked to line up outside front doors and wait for staff for entrance.
- Patrons and employees must wash hands frequently and wipe down equipment after use.
- Gym bags will not be allowed in the Body Shop; Locker room/restroom will be accessible.
- Water fountains are open.
- Only one person allowed in the restroom at any time.
- Fitness classes and all sports activities are cancelled until further notice.
- BE ADVISED: The Body Shop reserves the right to deny the use of the facility to any patron not following the guidelines set forth to maintain health and safety measures for patrons and equipment.

Body Shop (703) 806-3100  
belvoir.armymwr.com